



2018 VALHALLA APF/WPC MEET – SAT, OCTOBER 6TH – 9AM
REGISTRATION DEADLINE: SEP 22ND, 2018 WEIGH-INS: FRI, OCT 5^H 9AM-12PM & 4PM-7PM

FULL NAME _____ GENDER: MALE FEMALE
 AGE _____ DATE OF BIRTH _____ EMAIL _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 PHONE _____ EMERGENCY CONTACT _____
 APF MEMBERSHIP # _____ EXP DATE _____

EVENT: (CIRCLE ONE)	FULL MEET - \$90				PUSH PULL - \$75				BENCH ONLY -\$50			DEADLIFT ONLY - \$50	
EQUIPMENT: (CIRCLE ONE)					RAW	CLASSIC RAW			SINGLE PLY		MULTI PLY		
DIVISION: (CIRCLE ONE)					TEEN	JUNIOR		OPEN		SUBMASTERS		MASTERS	
WEIGHT CLASS: M	114	123	132	148	165	181	198	220	242	275	308	308+	
WEIGHT CLASS: W	97	105	114	123	132	148	165	181	198	198+			

RELEASE OF CLAIMS AND LIABILITY: All Lifters and Meet Participants, including Loaders, Spotters, Platform Workers, and Referees IMPORTANT: READ THIS RELEASE CAREFULLY. WHEN YOU SIGN IT YOU WILL BE GIVING UP IMPORTANT LEGAL RIGHTS.

In consideration of my participation in the True North Fitness APC/WPC Powerlifting Competition as a competitor, as a loader/spotter, as a referee, as a platform worker, or as in any other capacity, I intend to be legally bound, for not only myself but also for my heirs, executors, representatives, agents, successors, assigns, and administrators. By signing this Release of Claims and Liability, I waive, release, and forever discharge APF, WPC, True North Fitness, True North Fitness officers and officials, the meet directors(s), the loaders and spotters, the referees, all meet personnel, and all True North Fitness administrative personnel, agents, independent contractors, and employees associated with this competition, from any and all claims, demands, damages, costs, expenses, loss of services, actions and causes of action, that I, my heirs, personal representatives, or assignees, may have against True North Fitness and the aforementioned parties for all injuries and damages, known or unknown, that I may incur as a result of my participation and/or involvement in the above-described event or by my use of the facility in which this competition is held.

I do further agree that I shall indemnify and save harmless APF, WPC, True North Fitness, True North Fitness officers and officials, the meet directors(s), the loaders and spotters, the referees, all meet personnel, and all True North Fitness administrative personnel, agents, independent contractors, and employees, from any and all claims, demands, damages, loss of service, or expense for property damage and for personal injuries or actions brought by a third party resulting or arising from my participation in the above-described competition or my use of the facility in which this competition is held.

Further, I assume the risk of my participation in this sport and in this competition, which is potentially dangerous, like most other sports. Serious to minor injuries can and do occur. I further recognize that my participation in this competition is voluntary and requires that I assume the risk of this potentially dangerous sport and, therefore, I assume the risk of potential injury.

I agree to pay any attorney fees and litigation expenses incurred by any person, real or corporate, whom I may sue in an effort to challenge this Release of Claims and Liability. I understand that my agreement to pay attorney fees and litigation expenses is the sine qua non for the acceptance of my entry in this contest or my participation in this competition. If any provision of this Release of Claims and Liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release of Claims and Liability shall remain in full force and effect. I also certify with my signature that this Release of Claims and Liability cannot be modified orally.

By signing below, I acknowledge that I have read and fully understand the information contained in this document and that I sign this Release of Claims and Liability voluntarily with the knowledge that I waive important legal rights.

SIGNATURE _____ DATE _____